



Desenvolvimento Pessoal e Liderança

Formação on-line [Inglês]
21 fevereiro e 21 março 2026



com **Rushila REBELLO**

Advogada e Ativista Social
Filha do Coração de Maria

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Inscrição gratuita mas necessária



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Formação on-line [Inglês]
21 fevereiro e 21 março 2026
IIIº sábado

HORÁRIO:

- 11h - 14h30 [hora PT]
Inc. pausa de 30 min

INSCRIÇÕES:

- formacaodomusnostra@gmail.com
- até 2 de fevereiro 2026
- os Links serão enviados a todos os inscritos

21ST FEBRUARY 2026 | BEGINNING

PT 11 am; ES, HUN, IT, 12 am; IN 16,30 pm;

BR 9 am; TUR 14 pm

ABSTRACT

1. PERSONAL DEVELOPMENT WORKSHOP: UNLOCK YOUR BEST SELF!

Personality development is a continuous and conscious journey of self-improvement; an intentional effort to refine one's skills, attitudes, behaviours, and mindset to realize true potential and create a fulfilling, positive life. It involves cultivating essential soft skills, strengthening character, and developing the emotional and mental resilience needed to succeed personally and professionally.

This 3-hour interactive workshop is designed to help participants explore the core elements that shape their personality and understand how these traits influence their interactions and growth. Through engaging discussions and practical activities, attendees will gain valuable insights into influential factors of personality, understanding personality types, ways to enhance personality and projecting confidence in every sphere of life.

Join us for this transformative experience and take the first step toward unlocking your best self!

Thanking you, Kind Regards,

Adv. Rushila Rebello



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21ST MARCH 2026 ! BEGINNING

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ABSTRACT

2. LEADERSHIP TRAINING

Leadership is the art of inspiring and guiding others toward a shared goal. This 3-hour interactive training session is designed to help participants unlock their leadership potential and develop the confidence to guide, motivate, and empower others effectively.

Through engaging discussions, real-life scenarios, and practical activities, participants will explore essential leadership competencies. By understanding different leadership styles and building awareness, attendees will be empowered to motivate others, handle challenges effectively, and create a positive impact in any professional or personal setting. By the end of the session, attendees will gain actionable strategies to lead with vision, foster collaboration, and adapt to challenges with resilience and purpose.

Develop the leader within you — lead with vision, empathy, and purpose!

Thanking you, Kind Regards,

Adv. Rushila Rebello